



RossWoods
ADULT DAY SERVICES

**July
2017**



Providing safety, nursing care, personal care, and therapeutic activity programs during the day in a home-like setting.

Serving Whitfield, Murray, Gordon, Catoosa, and Walker Counties

1402 Walston Avenue, Dalton 30720 • Phone: 706-270-9628

**Visit us at
rosswoods.org**

Caregiving: It is a BIG Job!

Recently published in the Journal of the American Geriatrics Society, a Yale-led study finds that... caregivers are helping with a much wider range of activities than previously thought. The research team also found that many caregivers are providing help beyond routine household tasks such as shopping, housework, and transportation. They also assist with multiple activities related to health maintenance, ranging from making doctor appointments, ordering medicines, diet and dental care, and personal care. It seems never ending.

Caregivers will tell you of the great need for more affordable resources for family caregivers. But once you are deep in the middle of caregiving and already worn out, it is very difficult to find the time to search for answers. Common sense tells us that we should all start planning for retirement in our 20's. But then life happens and time gets away from us and retirement plans are put on the back burner.

It is not a secret that there is one option of care in 2017 that is reasonable,

reliable and beneficial and it is adult day services. Waiting until the caregiver is exhausted and the care-receiver has withdrawn to his/her chair in front of the TV is not the answer. Whether you are a family caregiver at the beginning or deep in the middle of this journey, it is not too early or too late to seek help. For twenty years RossWoods has been providing adult day services to families in our five county region. To find out more about RossWoods and its various programs including financial assistance to those who qualify, call us today. Don't delay another minute.



There is a special bond between a caregiver and a care receiver. You can see it in their faces.

Why is a Free Trial Visit so Important?

One of the most important parts of our enrollment process is our Free Trial Visit. A long time ago there was a cereal commercial which had a famous line "Try it, you'll like it." That is exactly what a trial visit is all about. Experience RossWoods first hand and know for certain that RossWoods is the best place for your loved one to be.

Recently, a caregiver sent me an email expressing how much the Trial Visit meant to her and her mother: "I can't tell you how happy I was with Mom's visit. I was so surprised that she was so

talkative after we left, even after returning home she was speaking in a normal voice and not her usual weak barely audible tone. She really did enjoy herself. (and so did I) Please thank everyone and especially her buddy for making Mom so comfortable & at ease. She showed everyone her necklace and told them how she made it. This is going to be so good for her."



Be Smart and Savvy when it comes to Medicare...

“Under a new federal law, hospitals across the country *must now alert Medicare patients when they are getting observation care and why they were not admitted — even if they stay in the hospital a few nights.* For years, seniors often found out only when they got surprise bills for the services Medicare doesn’t cover for observation patients, including some drugs and expensive nursing home care. When patients are too sick to go home but not sick enough to be admitted, observation care gives doctors time to figure out what’s wrong. It is considered an outpatient service, like a doctor’s visit. Unless their care falls under a new Medicare

IMPORTANT

bundled-payment category, observation patients pay a share of the cost of each test, treatment or other services.”

3/9/2017 article by Susan Jaffee, Kaiser Health News, a nonprofit health newsroom whose stories appear in news outlets nationwide, is an editorially independent part of the Kaiser Family Foundation.

It Happened at RossWoods...



What a sweet picture of Allean!



Thank you to Amanda Riggle and all the children, from Dalton 1st UMC Mission VBS, who volunteered at RossWoods one day in June.



John and Diane head back to the patio after checking the watermelon plants.



Ruby, Sis and Robbine spend some girl time together.



RossWoods
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Memorials, Honoraria, and Gifts

I want to support the work of RossWoods in the following way...

Your gift is tax deductible

Make checks payable to:

RossWoods, P.O. Box 307, Dalton, GA 30722-0307

RossWoods is now able to accept both donations and payments online using credit or debit cards. Please visit www.rosswoods.org for your convenience.



Name _____

Address _____

City _____ State _____ ZIP _____

In Memory of _____

In Honor of _____

Acknowledge To _____

Address _____

City _____ State _____ ZIP _____

Important Notice

2017 RossWoods Closings

Independence Day
Tuesday, July 4, 2017

Labor Day
Monday, September 4, 2017

Thanksgiving Day
Thursday, November 23, 2017

Christmas Day
Monday, December 25, 2017

Please note these dates on your calendar. –Thank you.

A special Thank You to the following:

- Name.....Donation
- Kroger (Cleveland Highway)..... Flowers
 - Tomie Katsuda..... Craft kits
 - Shaw Plant 28 and 35..... Craft supplies
 - Alex Rowe..... Staff treats
 - Patti Coppedge..... Magazines, bird seed, and greeting cards
 - Shaw Plant 34..... Bingo prizes
 - Jan Anderson 1st Baptist Church.... Magazines
 - Carolyn Young..... Craft supplies, magazines
 - Judy Parker..... Craft supplies, greeting cards
 - Vivian Raitz..... Greeting cards
 - Park Creek School..... Bingo prizes
 - Family of Sophie Barton..... Craft supplies/snacks
 - Linda Vineyard..... Wish List items
 - Lamar Combee..... Greeting cards
 - Dr. Simms' office..... Magazines
 - Judy Bryson..... Silk flowers
 - Anita Stewart..... Craft supplies
 - Martha Hughes..... Magazines
 - Judy Bryson..... Office/craft supplies
 - Tim Ball..... Personal care items
 - Gary and Lynda Johnson..... Art supplies
 - Ned Thompson..... Personal care item
 - The Family of Eloise Baxter..... Crafts

In Memory & In Honor

The following have been remembered with a gift to RossWoods. Our sincere condolences go out to those who have lost a loved one.

In Memory of.....By:

- Sue Langford..... Numerous friends and family members



There are many ways to support RossWoods. Some of you are already volunteering and know how rewarding it can be. Many of you are donating fabulous craft supplies to our art department. We are so grateful to all our supporters. But there is another way you can support us, and that is to make a donation to RossWoods. It can be a memorial, an honorarium or a simple donation which will help us maintain and improve our ability to serve our participants, our families and the community. Support us, so we can continue to help others.



Forever grateful,
RossWoods Adult Day Services



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PO Box 307
1402 Walston Avenue
Dalton, GA 30720
www.rosswoods.org

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RossWoods
ADULT DAY SERVICES

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Upcoming Support Groups

- ♦ **RossWoods Caregiver Support Group/ Lunch and Learn** meets on the last Tuesday of every month at RossWoods from noon to 1 pm. A light lunch will be served. All caregivers are invited. Free respite and lunch will be provided for your loved one.
- ♦ **The RossWoods Caregivers' Time Out** is the second Tuesday of every month from 3 pm to 8 pm. This includes free respite and dinner for your loved one while you take a break. Call RossWoods at 706-270-9628 to register your loved one.
- ♦ **Dalton Parkinson's Support Group** meets the second Tuesday of every month at RossWoods at 6 pm. For more information, please call Mae Johnson at 706-280-0324.
- ♦ **ALS/PLS Support Group** meets the last Thursday of each month in the RossWoods Conference Room at 2pm. Call Elizabeth Al-Shafee at 706-463-5157 for questions about the support group.



✓ Adult Day Health Care (ADHC)

is a standard benefit available to all enrolled veterans who meet nursing home level of care. If you are a caregiver for a veteran and looking for a day program, please call RossWoods Adult Day Services at 706-270-9628.

Help us keep our records current. Please call 706-270-9628 if there has been a change in your physical or email address.